

Food and Eating

Whole school approach to food and nutrition, which promotes the importance of healthier eating.

Criterion Six

School	Please indicate progress to date and/or target area to be addressed			
1a. Does your school have a school nutrition action group?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
1b. Is there a school policy that lays out strategies for encouraging healthy eating?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
1c. How often is it renewed?				
1d. Who is consulted on the development of activities to encourage healthier eating?				
1d. How effective are your strategies? (1 – have little effect; 4 – very effective)	1	2	3	4
Please provide evidence to support your judgement				
1f. How is the strategy linked to the curriculum?				
2. How do the school initiatives and curriculum work reflect the current national guidelines on healthy eating? (In line with the minimal Government nutritional standards 2000)				

Food and Eating

Whole school approach to food and nutrition, which promotes the importance of healthier eating.

Criterion Six

School	Please indicate progress to date and/or target area to be addressed
<p>3. How well does the school promote the importance of oral health? (1 – poorly; 4 – very well)</p> <p>Please give evidence to support your judgement</p> <p>Give examples of how your school promotes oral health both within and outside of the curriculum.</p>	<p>1 2 3 4</p>
<p>4. How does the school promote healthier eating, linked to activity, fitness, self-perception and self-esteem? i.e. Information and discussion about self image and media pressures</p>	
<p>5a. Is there a whole school understanding of safe handling of food?</p> <p>How is this demonstrated? i.e. Stickers about washing hands. Link to curriculum input.</p> <p>5b. Do children have practical experience in handling food safely?</p> <p>Where is this evident?</p>	<p>Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Yes <input type="checkbox"/> No <input type="checkbox"/></p>

Food and Eating

Whole school approach to food and nutrition which promotes the importance of healthier eating.

Criterion Six

School	Please indicate progress to date and/or target area to be addressed
<p>6a. What facilities do you provide for the safe storage of packed lunches?</p> <p>6b. What opportunities are provided for parents/carers to be involved in identifying low risk food for packed lunch provision?</p>	
<p>7. Has the school developed a policy to reduce the use of carbonated, high sugar and caffeinated drinks on its premises?</p> <p>Yes <input data-bbox="922 1024 971 1075" type="checkbox"/> No <input data-bbox="1157 1024 1206 1075" type="checkbox"/></p>	
<p>8. In line with the school's protocol and practices around attractive sources of fresh drinking water:</p> <p>8a. How does the school promote the wider health benefits of increasing water consumption?</p> <p>8b. How does the school identify barriers to the increased consumption of water by young people? i.e. Barriers might include site of water access. Staff perception on lack of parental support.</p> <p>8c. How are you addressing those barriers?</p>	

Food and Eating

Whole school approach to food and nutrition, which promotes the importance of healthier eating.

Criterion Six

School	Please indicate progress to date and/or target area to be addressed			
<p>9a. What opportunities are available for pupils/students and staff to explore different lunchtime menus and effect change?</p>				
<p>9b. Is Healthy Eating on the agenda for your School Council?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>10a. Does the food and drink provided by the school support the message the school is trying to give in relation to healthy eating and drinking?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>10b. Are ways being explored to close any gaps between message and provision?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>11a. Does the school's curriculum highlight the relationship between poor eating habits and illness such as diabetes?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>11b. In delivering its curriculum does the school give pupils the tools to understand our society's attitude to size and body image?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>11c. Does the curriculum address the issues of eating disorders and what help and support might be available?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
<p>11d. Does the curriculum address the issue of 'diet' and 'weight loss' as a feature of our society?</p>				
	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>